

CARING HANDS FOUNDATION

ANNUAL REPORT 2021-2022



We serve, therefore we are

www.caringhandsfoundation.org

A USA-BASED 501 (C) (3) TAX-EXEMPT PUBLIC CHARITY

Mission Statement

We aim to empower communities through sustainable initiatives that address diverse needs of individuals facing adversity. These initiatives foster sustainable development, education, and health through community outreach programs and advocate for positive change.

Our Philosophy

“We serve, therefore we are” is the foundational belief of Caring Hands Foundation, defining our commitment to making a positive impact on those in need. Through service, we define our identity and purpose. Ultimately, it is an open invitation to create a world where service becomes a collective expression of humanity, transforming lives and communities for the better.

Our Impact

Through a holistic approach to community engagement, compassionate outreach, and sustainable initiatives, we strive to uplift the lives of individuals and families in need. So far, we have improved the lives of over 5,000 disadvantaged people in more than 5 countries over a span of 12 years. Together, with caring hearts and committed hands, we are shaping a future where everyone has the opportunity to thrive.

Message from the Board

Dear Friends,

Your generosity in 2021-2022 has helped CHF to disburse grants of over \$40,000 to initiatives empowering the people.

In 2021 to 2022, we were provided free COVID-19 treatment and renovated a senior home in India. We also supported several activities fostering women empowerment in India and Kenya. Locally, we continued our age-long tradition of creating meals for homeless shelters in the San Francisco Bay Area, California.

Several of our team members visited our project sites in India and saw firsthand the difference your contributions are making to improving the lives of those disadvantaged.

I hope you will continue to embrace our mantra "We Serve, Therefore We Are" and support CHF in our initiatives to help make the world a better place.

Best
regards,

Caring Hands Foundation Board of Directors



Girl Icon Training

Girl Icon Training is a program started by Milaan Foundation that is dedicated to empowering women in India. The program aims to empower women ages 12-18 in rural communities from Uttar Pradesh and Madhya Pradesh to become agents of change in their communities through the following approach:

1. Train 100 rural girls to become Girl Icon Fellows who advocate for their rights to education, safety, and health in their respective communities
2. Educate and engage the communities to invest in girls through 15 social action projects such as theme-based street plays and movie screenings followed by community-based discussions



Amount Donated:
\$4,500

Women Trained:
4 100

Focus Area: Women Empowerment
Location: Uttar Pradesh and Madhya Pradesh, India
Partner: Milaan Foundation

Aragamee Libraries



Focus Area: Education
Location: Odisha, India
Partner: Aragamee

Amount Donated:
\$10,000

Children Impacted:
900

Aragamee is a grass root organization in Rayagada, Odisha, committed to addressing educational needs of the community. In partnership with Caring Hands, Aragamee is constructing multiple libraries to increase access and interest in education. In doing so, we hope to increase children's exposure to variety of topics, promote language skills, and teach students about further education and career opportunities.

Free COVID-19 Treatment



Focus Area: Health & Sanitation
Location: Hyderabad, India
Partner: Sri Sri Holistic Hospitals

Amount Donated:
\$7,900
Patient Treated:
100+



Sri Sri Holistic Hospital used the \$25,100 grant from Caring Hands to provide free/subsidized treatment to underprivileged patients in ICU, with black fungus infections as well as patients in the free COVID-19 care center.

Senior Home in Kolkata



Focus Area: Homeless Shelters
Location: Kolkata, India
Partner: Friends of Kolkata's Elderly

Amount Donated:

\$8,000

Number of Occupants:

12

In May 2020, super-cyclone Amphan hit Eastern India, causing severe destruction in West Bengal including Charunibash, a home for the impoverished elderly in Kolkata. Caring Hands funded the renovation and expansion of the residential facilities for the elderly. Charunibash in Madhubati Village is run by Friends Of Kolkata's Elderly (FOKE) and is also used as a community center for free primary education, vocational training, medical camps, and cultural activities. The home houses 12 seniors including 11 women and 1 man.

Boda Girls



Focus Area: Women Empowerment
Location: Kenya
Partners: Boda Girls, Matibabu Foundation

Amount Donated: \$7,000



The Boda Girls Program aims to improve access to women's healthcare, education, and self-employment. We provide training for women to drive boda bodas (motorcycles that are the primary source of transport in the area) and support female healthcare workers on boda bodas. Boda Girls also gives free rides to the hospital for all women and girls and provides health and self-esteem education and menstrual supplies to girls.

Light Beyond Vision

Light Beyond Vision provides college scholarships to visually impaired students from impoverished backgrounds with the goal of empowering them to be self-sufficient. In the past, 90% of visually impaired students would discontinue their studies. To address this disparity, we decided to help provide financial assistance. The cost of sponsoring the education of one student was Rs.2500 or \$34 dollars per month towards tuition and boarding fees. Many of the sponsors maintained regular contact with their sponsored child and provided encouragement and guidance.

In 2021-2022, we supported college education for 21 visually impaired students from Odisha, India.

Amount Donated:

\$3,997

Focus Area: Education

Location: Balesore, Odisha, India

Partner: Saheed Yuba Sangha

College Scholarships:

21



Lunch Bag Service

The lunch bag service program is one of the oldest and well known programs led by Caring Hands Foundation. The program first started in 2012 when Caring Hands learned about the need for packaged meals from local homeless shelters where many occupants would come to stay overnight and go out to search for work during the day. For these people, it was really important to have a packed lunch meal so they could travel efficiently. Every Saturday and Sunday throughout the year, Caring Hands makes 60 bagged meals and delivers them to local homeless shelters in Silicon Valley. Over the years, this program has grown to include over 200 Caring Hands volunteers. The meals support local homeless shelters including HomeFirst in Sunnyvale, CA.



Focus Area: Homeless Shelters
Location: San Francisco Bay Area, CA, USA
Partner: HomeFirst

Financial Statement

GRANT MADE	ROLE OF GRANT	AMOUNT (USD)
Milaan Foundation	Women's leadership training	\$4,500.00
Aragamee	Education	\$10,000.00
Sri Sri Hospital	COVID-19 Treatment	\$4,500.00
FOKE	Senior Home	\$8,000.00
Boda Girls	Women's Health and Education	\$7,000.00
Light Beyond Vision	Education	\$3,997.00
Lunch Bag Service	Packed Meals	\$124.00
Other	Operational Expenses	\$581.00
TOTAL		\$42,102.00

Caring Hands Foundation Team

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Dr. Kavitha Reddy



Dr. Sakti Das
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